



Instagram post, 2025

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Immigrant contributions flow throughout every corner of our state, from urban neighborhoods to upstate cities and rural communities, creating a unified New York where everyone belongs.

Sign the pledge and support your immigrant neighbors to help build a New York where everyone belongs: nyis4all.com or link in bio

DOCUMENT 2

AP News, “Immigrants fuel growth in major US urban counties”, 12 mars 2025.

New York Metro Area Sees Population Rebound Fueled by Immigration

The New York metropolitan area, the largest in the United States with nearly 20 million residents, experienced a notable demographic rebound in the past year largely due to international immigration. After losing tens of thousands of residents during the COVID-19 pandemic, the region reversed that trend as nearly 288,000 immigrants moved into the metro, outpacing domestic out-migration and contributing significantly to net population growth. Immigration has become a major driver of urban expansion and metropolitan resilience, sustaining labor force growth and offsetting declines in other demographic components. As global migrants settle in New York, they add to the city’s diverse cultural fabric and help support local economies, particularly in sectors such as services and healthcare. This influx reinforces New York’s role as a global metropolis characterized by high levels of international interconnection and economic dynamism. Urban planners and policymakers see immigration as integral to the ongoing process of metropolisation, where large metropolitan areas grow in both population and economic complexity. The continued arrival of new residents from abroad suggests that immigrant flows will remain a key factor shaping the future trajectory of New York and other major cities around the world.

